

*Caring for those
who cared for us.*



South Hampton
NURSING & REHABILITATION CENTER, LLC

A property of Preston Health Services.



South Hampton Nursing &

Rehabilitation Center LLC is an 81-bed facility

nestled in the heart of the Tennessee Valley.

Our highly trained staff is dedicated to providing excellent nursing and therapeutic rehabilitation services to the North Alabama area. We offer exceptional 24-hour care that is both Medicaid and Medicare certified, and personalized to our residents' individual needs,

all in a warm and friendly environment that feels like a community. We build a relationship of care with each resident as well as their sponsors, family, and friends, making quality of life our top priority. Your quality of life is our top priority, because we believe in caring for those who cared for us.



Amenities

We offer a variety of amenities and fun activities to make your stay with us enjoyable. These activities are designed to bring together residents and staff as a vibrant community to turn each day into an opportunity for everyone to stay active and engaged.

- Spacious private or semi-private living
- FREE cable television
- FREE Wireless Internet access
- Full time medical director
- One level, easy access open floor gym
- Private courtyard
- On-site beauty salon
- Alarm system for resident security



Long Term Care

We are committed to providing our long-term care residents with a home that is safe, secure and comfortable. Our compassionate staff works hard to provide a quality of life that goes above and beyond the expected, so that residents and their families enjoy the peace of mind that comes from knowing their every need will be diligently met. Our certified services include:

Certified Medical Services Include:

- Respite care and short-term care
- Dental services
- Pharmacy services
- Wound care services
- Podiatry
- Pain management
- Speech and language services
- Trilogy
- In-house educators
- And much more

Long-Term Care Services Include:

- Assistance with all personal care needs
- Feeding
- Physical therapy services
- Home-cooked meals daily
- Private dining for family gatherings and personal events
- Religious services with clergy
- Social activities and community events

Rehabilitation

Whether you need help with your daily activities at home or need help recovering mobility and quality of life after a surgery, we offer a wide range of rehabilitation services to help you get back on your feet! Our rehabilitation team confers with the your physician and other members of the team to develop a plan of care that personalized to your needs.

Physical Therapy

- Post operative rehabilitation
- Complex post-surgical needs
- Gait training
- Bed mobility
- Training in the use of assisted devices for functional mobility
- Strength and endurance training
- Pain management techniques
- Balance training
- Stroke rehabilitation
- General weakness rehabilitation
- On-site family training/education
- Prosthesis training
- Therapeutic exercises
- Spinal/joint pain
- Modalities for pain/swelling



Occupational Therapy

- Regain or retain independence with activities of daily living
- Joint replacement rehab
- Balance/coordination training
- Individualized care
- Strength and endurance training
- Adaptive/compensatory technique training to increase independence
- On-site family training/education
- E-stim/ultrasound
- Bed/wheelchair positioning
- Orthotics

Speech Therapy

- Vital stim
- Communication skills
- Memory enhancement techniques
- Swallowing dysfunction
- Reasoning skills training
- Cognitive training
- FEES assessment (on-site)
- Audiology assessments (on-site)

Pay Sources

There are several options available for covering the costs associated with a short-term or extended stay at South Hampton, including:

- Medicare
- HMOs
- Private pay
- Medicaid



South Hampton

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